

Review Questions

PECTORAL GIRDLE

1. Are arm connects to the axial skeleton via the clavical and this part of the sternum?
Manubrium
2. What is the most commonly broken bone?
Clavicle
3. Laterally the clavicle articulates with what part of the scapula?
acromion
4. The clavical and acromion articulate to form which joint?
The Acromionclavicular (AC) Joint
5. What type of bone is the clavicle?
flat
6. The posterior view of the scapula is know by which bony landmark?
the scapula spine
7. The coracoid process point which way?
anterior/ lateteral
8. How many borders are there on the scapula and what are they called?
3 medial(vertebral), lateral (axillary), superior
9. The common name of this bone is the "shoulder blade"?
scapula
10. Why is it good to have a shallow socket in the shoulder?
movement

Review Questions

FOOT

1. How many arches do you have?
3
2. What are the names of the arches?
lateral and medial longitudinal and transverse arches
3. How are arches formed and maintained?
the interlocking of bones
4. What are fallen arches?
stretched fibrous tissue leading to a plantar shift in the bones
5. How many cuneiforms do you have and what are their names?
medial, lateral and intermediate
6. What is the name of the commonly called "heel bone"?
Calcaneous
7. The proximal side of the talus forms the _____ with the tibia?
Mortise
8. The function of the foot is?
Lever for propulsion and shock absorption.
9. The bottom of the foot is known as _____, to avoid superior and inferior confusion.
Plantar
10. The big toe is called the _____
Hallux